| 1 | 7:45 a.m. - 8:30 a.m. |
| :---: | :---: |
| 2 | 8:34 a.m. $-9: 17$ a.m. |
| Break | 9:17 a.m. $-9: 27$ a.m. |
| 3 | 9:31 a.m. $-10: 14$ a.m. |
| 4 | 10:18 a.m. $-11: 01$ a.m. |
| Gathering | 11:06 a.m. $-11: 19$ a.m. |
| Lunch | 11:19 a.m. $-11: 49$ a.m. |
| 5 | 11:53 a.m. $-12: 36$ p.m. |
| 6 | 12:40 p.m. $-1: 23$ p.m. |
| 7 | 1:27 p.m. $-\mathbf{2 : 1 0}$ p.m. |

Farmers Market at pickup! MEarth will be out front of the school during pickup today! Stop by for fresh fruits, veggies, and flowers.

Today is your chance to WIN FREE CMS Spirit Gear! Anyone who is showing school spirit by wearing Carmel gear or lots of red and comes to the leadership table at lunch today will receive a Cougar Buck and will be entered in to win CMS Spirit Gear or Awesome Gift Cards! Go Cougars!

Come out and cheer on our 7th and 8th Girls Basketball teams as they take on North Monterey County Middle School in our home gym at 4:00 and 5:00 today. Good Luck to our Boys Basketball teams at their away games at North Monterey County. Boys: Your bus departs at 2:10!

The Extended Learning Center is open after school after school today from 2:10-5:30pm. It will be closed tomorrow.

Attention all artists! Students for Zero Waste Week is looking for artwork to be used in the 2020 campaign. Artwork should illustrate the general theme of how zero waste on land helps to protect the health of our local watersheds and ocean. Deadline is May 1st. Please see Mrs. Chupka for more information.

WiffleBall: The Prusasky Picante Pickles prevailed over the Loosley/Mayer Leeks by a score of 6-2 on Tuesday at Whifflers Park. Pickle leader, Danny Yoxon Grant "The Lumber" from Liverpool said the following of the victory: "I say, jolly good show by my Picante Pickles. We'll be the topper-most team in the league What, what! Cheerio, old bean." The Leeks took a step forward in the hitting department, but two steps back on the field. Today's game features the PE Turnips vs the KuenzVille Karrots.

Attention All Battle of the Books Participants! There will be a B.O.B. scrimmage in the library during lunch on Tuesday Jan 29th. This is your chance to practice the BOB format, come up with a team name and check in with your team mates to see if all of the books are being read. If you are still unsure about whether or not you want to participate, the scrimmage is a good opportunity to find a team and see how the battle works. See Mrs. Thompson or Ms. Kuenster in the library if you have any questions.

## Nepal Update: Top Donating Classes so far include:

1st Place: Williams- Period 4
2nd Place- Fedotov Period 3
3rd Place- Carr Period 7
Please write the checks out to Empower Nepali Girls.

Happy Birthday to:

